



Don't Trash It, Compost it!

# Lakes Region Composting Pilot Program

START COMPOSTING AT HOME

## WHY JOIN US?

- Your community has partnered with the program.
- Learn about composting food waste at home and how to be successful doing it!
- Learn about how to use the compost you make.
- Get a FREE COMPOSTING TUMBLER!!



## UPCOMING TRAINING EVENTS

### TRAINING DAYS AND LOCATIONS

**ASHLAND**- 6 COLLINS ST. (5/12/26)

6:00PM-8:00PM

**BRISTOL**- 45 SUMMER ST. (4/23/26)

5:00PM-7:00PM

**GILFORD**- 47 CHERRY VALLY RD. (5/7/26)

6:00PM-8:00PM

**MOULTONBOROUGH**- 4 HOLLAND ST. (5/21/26)

5:30PM- 7:30PM

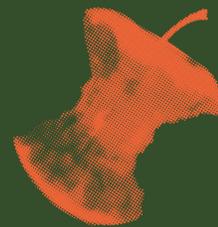
**WOLFEBORO**- 84 S. MAIN ST. (5/28/26)

5:00PM- 7:00PM

## HOW TO PARTICIPATE

- Sign-up for training with your local coordinator
- Attend the training in your community
- Recieve a free tumbler to use at home
- Participate in 4 surveys to provide composting data for the program

*For more information on the program, rules for participating and helpful composting information please copy and paste the the highlighted text below into your web browser  
<https://lakesrpc.nh.gov/food-waste-composting-pilot-program/>  
or scan the QR code provide here.*



# Benefits of Composting your Food Waste



- Composting food waste provides a reuse for kitchen scraps, expired foods and more.
- Composting food waste can prevent excessive amounts of waste from entering your local transfer station and eventually a landfill.
- Creating your own compost at home can save you money, instead of spending money on store bought fertilizers.

- Compost produced from food waste can help strengthen your soil's ability to retain water, which keeps your plants hydrated.
- Using organic food waste compost is healthier for our environment than chemical fertilizers.
- Compost that you make at home can be used to grow healthy foods in your garden.

